



The Caroline County Health Department

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Cottage Foods

According to COMAR 10.15.03, a cottage food product is defined as a non-potentially hazardous food (as specified in 10.15.03.27) that is offered for sale *only at a farmer's market or public event*; and a food that is not offered for sale through Internet sales or interstate commerce. All cottage food products must be produced and packaged in the State of Maryland.

Labeling Requirements

(As required per COMAR 10.15.03.27)

Product must be pre-packaged with a label that contains the following information:

- The name and address of the manufacturer (a P.O. Box is not acceptable)
- The name of the product
- The ingredients of the product in descending order of the amount of each ingredient by weight
- The net weight or net volume of the product
- Allergen information as specified by federal labeling requirements (COMAR 10.15.03.02 defines major food allergen as: milk, egg, fish, tree nuts such as almonds, pecans, or walnuts; wheat, peanuts, soybeans, and a food ingredient that contains proteins derived from milk, egg, fish, tree nuts, wheat, peanuts, or soybeans)
- Nutritional information as specified by federal labeling requirements, if any nutritional claim is made; and
- Printed in 10 point or larger type in a color that provides a clear contrast to the background of the label: "Made by a cottage food business that is not subject to Maryland's food safety regulations".